

**Meeting of the Northborough Council on Aging
November 14, 2017 7:00 Senior Center**

The role of the Northborough Council on Aging is to maintain or increase the quality of life for the mature citizens of our community. We do this through support advocacy, planning, coordination, and implementation of programs that bring mature citizens together for social, recreational, and educational purposes. We seek to educate the entire community and enlist its support and participation.

- 1. Call to Order:** A meeting of the Council on Aging of the Town of Northborough was called to order at 7:00 PM by Adrienne Cost, Chair with the following also present:
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| Linda Cragin, Member | Phylis Muthee, Member |
| Jerry Anderson Member | Anita Hagspiel, Friends |
| Ed Bombard, Member, | Henry Squillante, Friends |
| Tony Pini, Member. | Kelly Burke, Senior Center Director |

The following were not present: Alice Stapelfeld, Member, Tim Kaelin, Member

2. Approval of the Minutes:

The minutes for the October 2017 meeting were approved.

3. Friends' Report

Anita and Henry reported that the Radio Show was very successful, the Bricks have been ordered, the Country Store Fair should be successful and the Talent Show is coming together nicely. Henry will cover for Anita while she is away for the winter. Lee and John Zawacki will sign the Annual Appeal letter.

4. Director's Report

Kelly reported on several new initiatives, including the discussion series of Hot Topics in the World, Honoring Choices about health care decision making, new computer classes and the upcoming holiday parties.

5. WRTA Advisory Report

No report.

6. Bay Path Report

Jerry shared highlights from the October meeting. The construction on the new site for the caterer for meals on wheels is proceeding and the statistics of Northboro's use of services was reviewed.

7. Old Business/Community Awareness

The board continued to work on the "elevator speech" to explain the senior center, though this is difficult as each one approaches this from their own perspectives. Phylis shared what she tells her patients: the Senior Center is a place to make connections, new friends, a reason to get up and get going and out of the house, and to give, not just receive. These are great comments! It was discussed that printing up cards that could be posted on bulletin boards around town could be a good way to promote.

The meeting adjourned at 8:05 pm.

Linda Cragin, Secretary